



Presbyterian Counseling Center

First Presbyterian Church Daytona Beach- 430 Braddock Ave., Daytona Beach, FL 32118

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September 8, 2020

We trust that this letter finds you and your families healthy, safe, and hopeful. The past few months have been challenging for all of us: coping with all the issues related to COVID 19, while doing our best to care for ourselves and keep up with day-to-day responsibilities. Throughout this pandemic the Presbyterian Counseling Center has seen a significant increase in issues related to depression, anxiety, family stress, and domestic violence. Many times these issues are exacerbated by accompanying job loss or reduction in household income.

As a result of church campus closures, our office space has been impacted in some areas. Since February, 2020 we have invested in state of the art software and transitioned to a telehealth model, with our therapists seeing a majority of clients by phone and via secure video conference. This model is now supported for reimbursement by most major insurers through 2020.

In many ways we feel that the Presbyterian Counseling Center was created for a time such as this. Over the past 4 years we have expanded our clinical staff to 14 therapists, including 4 state registered interns.

The Counseling Center has served more than 2,000 individuals, couples and families this year and has conducted nearly 6,000 sessions year to date. As is part of our history and mission, we continue to see clients across a wide spectrum of socioeconomic and demographic backgrounds. We continue to bill commercial insurance when available and we accept privately paying clients as well.

Most importantly, many years ago we established the PCC Counseling Fund. This fund allows us to use a sliding scale for those with limited income or facing crises and to provide temporary short term subsidies to those who are vulnerable and struggling. This Fund has been severely drained during the past 6 months.

As you may know, our counseling Fund is supported exclusively by fundraising events and individual donations. Due to COVID 19 restrictions, we will not be holding any concerts or in person fundraising events. Instead, we are asking those who are able to consider making a donation directly to the Presbyterian Counseling Center's Counseling Fund. Your support will enable PCC to continue our tradition of seeing clients, regardless of their ability to pay.

Thank you for prayerfully considering your support. In gratitude,

Sandra Stephenson
2020 President
PCC Board of Directors

Calvin Gittner
Pastor, Port Orange Presbyterian Church
PCC Board Treasurer

Fast Facts- Presbyterian Counseling Center

Clinical Director- Lisa Benitez, LMHC

Dr. Bunell "Bunnie" Graham

Kristi Miller, LMHC

Dr. Margaret Dawn Billings, LMHC

Michelle Protko, LMHC

Blessing Pereira, LMHC

Richard Fay, LCSW

Roberta Cavin, RMHI

Frank Curnow, RMHI

Debbie Yost, LCSW

Lisa Johnson, LCSW

Calvin Gittner, RMFI

Lee Gittner, RMFI

Rebecca Railsback, RMHI

Administrative Director- Laura Bond Walker

Insurance & Credentialing- Heather Smith

Bookkeeping- Tina Felix

Campus Locations:

First Presbyterian Daytona (main office)

Lighthouse/ Christ Presbyterian Ormond

Port Orange Presbyterian

Trinity Presbyterian Palm Coast

Westminster by the Sea Presbyterian

First Presbyterian DeLand

Additional Supporting Churches:

United Presbyterian Church

Our Lady of Lourdes Catholic Church

PCC Board Members:

Sandra Stephenson, President, Westminster by the Sea

Robert Anderson, Vice President, At Large

Calvin Gittner, Treasurer, Port Orange Presbyterian

Phillip Sweet, Secretary, Lighthouse/ CPC Church

Michael Foley, Ormond Beach Presbyterian

Ann Dalton, United Presbyterian

Bernard Daven, Daytona Beach Police Department, At Large

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